Transgender Inclusion in College Athletics

A Trans-Inclusive Intramural Policy (University of Massachusetts, Amherst)

"It is standard practice that all University students, faculty, staff, alumni and affiliated members of the fitness center have an equal opportunity to participate in all intramural programming. When a program makes gender designation, an individual who has transitioned to a different gender can participate in the division of their current gender. If an individual is in the process of transitioning to a different gender, participation in a particular gender designation will be handled on a case by case basis."

NCAA Policy on Transgender Student-Athlete Participation
From "NCAA Inclusion of Transgender Student-Athletes," 2011

- "A trans male (FTM) student-athlete who has received a medical exception for treatment with testosterone for diagnosed Gender Identity Disorder or gender dysphoria and/or Transsexualism, for purposes of NCAA competition may compete on a men's team, but is no longer eligible to compete on a women's team without changing that team status to a mixed team.

- A trans female (MTF) student-athlete being treated with testosterone suppression medication for Gender Identity Disorder or gender dysphoria and/or Transsexualism, for the purposes of NCAA competition may continue to compete on a men's team but may not compete on a women's team without changing it to a mixed team status until completing one calendar year of testosterone suppression treatment.

- A trans male (FTM) student-athlete who is not taking testosterone related to gender transition may participate on a men's or women's team.

- A trans female (MTF) transgender student-athlete who is not taking hormone treatments related to gender transition may not compete on a women's team."

Resources

- Changing the Game: The GLSEN Sports Project: http://sports.glsen.org

- Pat Griffin and Helen Carroll, *On the Team: Equal Opportunities for Transgender Student-Athletes* (available on the Changing the Game website)