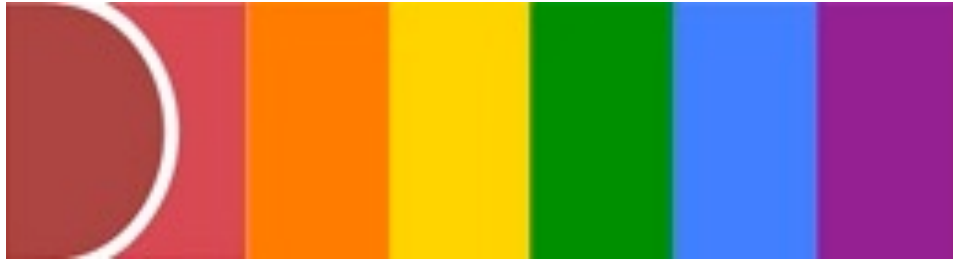


A DU GUIDE TO METRO DENVER LGBTIQ LIFE



This *Guide* provides new and continuing University of Denver Lesbian, Gay, Bisexual, Transgender, Intersex, Queer, Questioning and Ally (LGBTIQA) students, employees and alumni a quick reference of resources for LGBTIQA life at and beyond DU.

The listings below have been included because of their explicit focus on serving the LGBTIQA communities and/or their general queer-friendly atmosphere.

We invite you to assist us in keeping the information as up-to-date as possible, and to share your personal insight regarding these groups and businesses. We will make corrections (add, delete, correct) and add brief testimonials (see example for JazB Studios on page 3) for listings as future editions are released. Please send your suggestions and insights to lgbtqa@du.edu.

In the meanwhile, enjoy proudly!

Sincerely,
Michael Swan, founding editor
undergraduate student

Last Revised July 2010

Category Headers:

- Events
- Arts (Studio)
- Business & Networking
- Beauty
- Entertainment
- Faith
- Family Resources
- General
- Legal/Safety
- Literature
- Health & Wellness
- Music
- Nightlife
- Publications
- Restaurants
- Sports, Fitness & Recreation
- Theatre
- Volunteer Opportunities



image from denverpioneers.com

NOTES:

- Entries for DU-offered resources are listed first in each section, followed by off-campus resources in alphabetical order by name.
- All entries are located in the city of Denver, unless otherwise noted.
- Please be aware that the information listed was accurate at the time of publication; however, we encourage you to visit listed websites and/or call to confirm details before visiting.
- This guide is published by University of Denver's Center for Multicultural Excellence as a general resource for the DU LGBTIQ&A communities.
- This information is provided as reference only. Unless stated otherwise, no endorsement is made of particular organizations; all off-campus resources are listed on the suggestions, based on the experiences, of DU affiliates.

Listing Key

- On-campus resources are shaded

- Entries with testimonials from DU affiliates are boxed

In addition to the resources included here,
don't forget to visit the
DU Pride Portal (www.du.edu/pride),
your one-stop starting point!

Events

Calendars of and actual events, both upcoming and regular.

DU LGBTIQA Communities Calendar

www.du.edu/cme/lgbtqa_calendar.html

current DU-related events; links to other community calendars

Aspen Gay Ski Week

www.gayskiweek.com

annual January gathering

- Google “Colorado gay ski week” for various annual events at various state resorts

Denver Pride Fest

www.denverpride.org

annual, regional festival in June

Outboard

www.outboard.org

largest G&L snowboarding event in the world, each spring

Arts: Studio

Galleries and studios of and/or supporting LGBTIQA artists and subjects

Denver Art Museum

100 W 14th Ave Parkway

720.865.5000

www.denverartmuseum.org

Edge Gallery

3658 Navajo St

303.477.7173

www.edgeart.org

Jaz B Studios

719 W 8th Ave

303.623.5292

www.jazbstudios.com

“Owner is queer-friendly, and multiple LGBT artists have shown work here. Check it out!” -Michael S, student

Museum of Contemporary Art

1485 Delgany St

303.298.7554

www.mcadenver.org

Zip 37

3644 Navajo St

303.477.4525

www.zip37.com

Business & Networking

Business-related organizations; career development and networking

DU Career Services

Driscoll Center South, Ste 30

303.871.2150

www.du.edu/studentlife/career

providing career decision, preparation and placement support for students, including connections to internships, career fairs and more

Denver Gay Professionals

www.denvergayprofessionals.com

community-based group offering monthly networking mixer events

Denver Gay & Lesbian Chamber of Commerce

www.denverglc.org

a statewide, equal-opportunity chamber comprised of gay and gay-supportive business owners and professionals

Tybor Tax

by Jules Tybor

www.tybortax.com

tax preparation by a current DU graduate student

“I would highly recommend using Tybor Tax for all of your tax preparation needs. Jules helped me get 8 times the amount I would have received as my refund had I used Turbo Tax! In addition, he gives student discounts and made the overall process really easy.” Amy S., Graduate Student

Beauty*Hair cuts/styling, aesthetics and other personal care services.***Crush Salon**

1441 Wazee St

303.256.9006

www.crushsalon.com**Henry's Salon**450 E. 17th Ave

720.542.3488

www.henryssalon.com**HairMasters**

1560 S Broadway

303.722.8803

www.hairmasterssalon.com**Moxie Hair Co.**

200 E 13th Ave

303.832.6694

www.moxiehairco.us

Entertainment*Miscellaneous sites and info sources for fun things to do and see. Check out other Sections, including Nightlife, Publications and various Arts, for additional info.***Cinema Q @ Starz Film Center**

900 Auraria Parkway

www.denverfilm.org

Queer Lives. Queer Voices. Queer Visions. The Denver Film Society is proud to present them in all their diversity via one of the only regular showcases for GLBT cinema in Denver.

Colorado Outspokenwww.coloradooutspoken.net

Colorado GLBT television news and information

Faith*Welcoming faith and worship communities, and faith-based organizations.***DU area LGBT-friendly religious communities**

See list at:

www.du.edu/cme/lgbtqia_campus.html

compiled list of the nearest welcoming congregations for many major denominations

DU Chaplain (office of Religious Life)

The Rev. Gary R. Brower Ph.D

Driscoll Center S., Ste 29

303.871.4488

www.du.edu/studentlife/religiouslife/**Adventure Rabbi**www.adventurerabbi.org

Jewish Mosaic

www.jewishmosaic.org

partners with Jewish organizations, communities and individuals of every denomination to create a world where all Jews are fully included in communal life, regardless of sexual orientation or gender identity.

Judaism Your Way

www.judaismyourway.org

provides an “open tent” for Jews and their loved ones of all faiths, cultures and backgrounds to be welcomed and to explore Judaism on their own terms

Family Resources

Resources for parents and children.

PFLAG (Parents Families & Friends of Lesbians and Gays) Denver Chapter

P.O. Box 18901

303.573.5861

Helpline: 303.333.0286

www.pflagdenver.org

TYES (Trans-Youth education & Support of Colorado) Parent Youth Group

303.733.7443 x 312

TYES.group@gmail.com

Founded in 2007 as a support group for gender-variant children and their families.

General

Support services and social networking

DU student and campus LGBTIQA organizations

See list at www.du.edu/cme/lgbtiqa_campus.html

Babes Around Denver (BAD)

www.babesarounddenver.com

provide social and recreational opportunities for the lesbian community (warmly welcome all our LGBT friends and straight allies)

The Center

1050 Broadway

303.733.7743

www.glbtcOLORADO.org

A statewide, nonprofit community center dedicated to providing support and advocacy for Colorado’s gay, lesbian, bisexual and transgender (GLBT) population. We serve as a catalyst for community organizing, support services, social activities, and cultural events.

Connexion

www.connexion.org

Denver-based LGBT social networking site

Denver LGBT roommates

www.easyroommate.com/Gay-Roommate/colorado/denver-roommate

Embrace Denver

www.embracedenver.org

A new movement for gay men in the Denver area—one that emphasizes our strengths as gay men and helps connect guys to friendship networks, and to strengthen those networks.

Legal/Safety

Support and advocacy services

Colorado Anti-Violence Program

303.852.5094

www.coavp.org

Providing education, advocacy and crisis support services for LGBT peoples around violence: domestic violence, bashing, etc.

Legal Advocacy @ The Center

www.coloradoglb.org/LegalAdvocacy.aspx

Denver GLBT Commission

www.denvergov.org/GLBT_Commission

A mayorally-appointed body that enhances the social, economic and political quality of life in Denver by assisting GLBT people in the attainment

of political equality and full opportunity by empowering the Community through coalition building, gathering and disseminating information and other activities.

Lambda Legal (national)

www.lambdalegal.org/

Literature

Brick & mortar sources for good LGBT reads, these sites are LGBTQ-affiliated/owned and/or have LGBTQ sections.

Denver Public Library

Main Branch
10 W. 14th Ave. Parkway
720.865.1111
www.denverlibrary.org

Wash Park Branch
1501 S Logan St
303.733.7584

www.denverlibrary.org

For Heaven's Sake

4383 Tennyson St. 1F
303.964.9339

www.forheavensake.com

new age and metaphysical books and resources

Relatively Wilde

42 S Broadway
303.777.0766
www.relativelywilde.com

Tattered Cover

2526 E. Colfax Ave.
303.322.7727

www.tatteredcover.com

Denver's best known indie booksellers

Health & Wellness

Physical and mental health and wellness services, including counseling and HIV/AIDS care. See Sports & Recreation for organized activities.

DU STI/HIV testing information

See resource list at

www.du.edu/cme/lgbtqiqa_campus.html

DU Health & Counseling Center

3rd Fl North, Ritchie Center
303.871.2205

www.du.edu/duhealth

basic medical care and counseling services (including groups), and health education resources

Colorado AIDS Project

2490 W. 26th Avenue
Bldg. A Suite 300

www.coloradoaidsproject.org

Denver HIV Testing Locations:

www.coloradoaidsproject.org/testing_sites/testing_denver.html

more complete regional listing of testing sites

Denver LGBT issues therapists

http://therapists.psychologytoday.com/rms/prof_res ults.php?city=Denver&state=CO&spec=11

self-reported specialty for many local counselors

Denver Metro Health Clinic

605 Bannock St. Room 162
303.602.3540

www.denverstdclinic.org

Denver Health is the public health system for the county, providing a variety of free/reduced-cost care and services

Denver Psychotherapy Care

Tony Miles, Ph.D.
1221 S Clarkson #302
720.205.9752
www.denverpsychotherapycare.com

eleMENT

950 Logan St, Garden Level
720.382.5900
www.thedenverelement.com
a gay men's wellness initiative

Hey Denver

1720 Pearl St
303.962.2880
www.HeyDenver.org
provides free sexual health services and testing by
gay men, for gay men

LeBauer Counseling

Matthew LeBauer, LCSW
4500 E 9th Ave #660
720.468.0676
www.lebauerounseling.com

Spectrum Health Resources

www.spectrumhealthresources.com
online and print directory of *screened* LGBTQ-
friendly health and wellness providers. (Hardcopies
available at CME office!)

Music (Arts: Performance)

Venues and acts/organizations providing live music performances. See also Nightlife, Restaurants and Theatre for other music-hosting locales.

Newman Center for the Performing Arts

2344 E Iliff Avenue (at University Blvd)
303.871.7720 – box office
newmancenterpresents.com
on-campus venue for international music, theatre,
dance and other performances. student discount
tickets usually available!

Bluebird Theater

3317 E. Colfax Ave
303.377.1666
www.bluebirdtheater.net

Cleo Parker Robinson Dance

119 Park Ave W
303.295.1759
www.cleoparkerdance.org
an international, cross-cultural, dance-arts and
educational institution rooted in African American
traditions, and dedicated to excellence in providing
instruction, performances and community programs

Dazzle

930 Lincoln St.
303.839.5100
www.dazzlejazz.com
jazz club, offering food and bar service

Rocky Mountain Arts Association

3773 Cherry Creek North Dr, Ste 575
303.325.3959
www.rmarts.org
Umbrella organization for regional LGBT men's,
women's and youth choruses, and a theatre troupe

Nightlife

Friendly places to dance, have a drink and/or meet friends.

BJ's Carousel

1380 S. Broadway
303.777.9880

www.Bjsdenver.com
neighborhood lounge

Charlie's Denver

900 E. Colfax Ave
303.839.8890

www.charliesdenver.com

country-western bar

Compound Basix

145 Broadway @ 2nd
303.722.7977

www.compounddenver.com

Denver Detour

5110 W. Colfax Ave.
303.861.1497

www.denverdetour.com

Her Bar

629 E. Colfax
303.832.2687

www.HERbarddenver.com

JR's

777 E. 17th St.
303.831.0459

www.myjrs.com

bar & grill

Lannie's Clocktower Cabaret

16th St and Arapahoe
303.293.0075

www.lannies.com

burlesque theatre

Mo's

1037 Broadway
720.235.8593

www.mosdenver.com

Swallows Lounge

3090 Downing St (@31st St)
303.832.5482

www.denverswallows.com

video lounge and bar

tHERE Bar & Lounge

1526 East Colfax Ave
303.830.8437

www.theredenver.com

Tracks Nightclub

3500 Walnut St
303.863.7326

www.tracksdenver.com

dance club

The Wave Nightclub

2101 Champa St
303.299.9283

myspace.com/thewavenightclub

younger crowd club

Publications

Hardcopy and online publications focused on the LGBTIQA communities

Denver Westword

969 Broadway
303.296.7744

www.westword.com

Gayzette

1901 Xenia St
720.435.8914

www.gayzittedenver.com

Mile High Gay Guy

www.milehighgayguy.com

popular local blogger

Out Front Colorado

789 Sherman St # 110
303.778.7900

www.outfrontcolorado.com

Restaurants

Food-focused "family" hangouts, including coffeeshops

Broadways

1027 Broadway
303.623.0700

www.broadwaysdenver.com

bar & grill

Brother Jeff's

2836 Welton Street

303.297.0823

www.brotherjeff.com

small cultural cafe

Café Europa

76 S Pennsylvania St

303.722.1024

www.cafeeuropadenver.com

coffee and teahouse

City O' City

206 E 13th Ave

303.831.6443

www.cityoccitydenver.com

coffee house and healthy eating

Gypsy House Café

1279 Marion St.

303.830.1112

www.myspace.com/gypsy_housecafe

Mediterranean cafe

Hamburger Mary's700 E. 17th Ave.

303.832.1333

www.hamburgermarysdenver.com

bar & grill

Racines

850 Bannock St.

303.595.0418

www.racinesrestaurant.com

continental cuisine

Wash Perk

853 E. Ohio Ave.

(720) 542-9202

washperk.com

coffeeshop

Watercourse Foods

837 E 17th Ave

303.832.7313

www.watercoursefoods.com

vegetarian

Sports, Fitness & Recreation

*Amateur and professional competitive and just-for-fun teams, groups and gyms***Colorado Athletic Club**

1630 Welton St.

303.623.2100

www.coloradoathleticclubs.com**Colorado Climax Hockey**www.cgihh.org**Colorado Frontrangers**www.cofrontrangers.org

outdoor and social club for gay men

Colorado Gay Rodeo Associationwww.cgrra.us**Denver Area Softball League (DASL)**

303.377.2781

www.denverareasoftballleague.org**DumbBells**1125 17th St. Building B

303.592.7700

www.dumbbellsfitness.com

a "meathead"-free fitness club

Frontrunnerswww.denverfrontrunners.org

Named for Patricia Nell Warren's famous 1974 book, this is Denver's chapter of the international walking/ running club.

Out Spokin'www.outspokin.org

philanthropy by bicycle

Out Sports- Local Leagues and Chapterswww.outsports.com (search)**SQUID- Swimming Queers United in Denver**www.squidswimteam.org**Rocky Mountain Rainbeaus**www.rainbeaus.org

GLBTS square dancing

Rocky Mountain Bicycle Boyswww.rmbb.org

Theatre (Arts: Performance)

Venues and acts/organizations providing live theatre and other performances

DU Theatre Dept

www.du.edu/thea

student and faculty-produced on-campus performances; open auditions (with DU majors having priority)

Newman Center for the Performing Arts

2344 E Iliff Avenue (at University Blvd)

303.871.7720 – box office

newmancenterpresents.com

on-campus venue for international music, theatre, dance and other performances. student discount tickets usually available!

Curious Theatre Company

1080 Acoma St

303.623.0524

www.curious theatre.org

Gravity Defied Theatre

Aurora Fox Arts Center - Studio Theatre

9900 East Colfax

<http://rmarts.org/gravitydefied.php>

part of the Rocky Mountain Arts family (see Music)

Bug Performance & Media Art Center

3654 Navajo St

303.477.5977

www.bugtheatre.org

Volunteer

Opportunities to get involved in the LGBTIQA communities

Alexander Foundation

www.thealexanderfoundation.org

exists to enhance the lives of GLBT people by providing financial assistance to those in need throughout Colorado

Rocky Mountain Empire

www.wix.com/denvericrme/icrme

local chapter of international philanthropy network

- Feel free to contact most any community organization listed in the Guide to see how you can get involved in supporting their work as well!

We want your help in improving this guide!

- Corrections and updates – see a mistake or incomplete entry?
- Additions – what entries or categories are missing?
- Testimonials –brief statements amount your experience at/with the business or organization that other DUers could use as they. (Anonymous and overly general comments won't be used.)

Please share your input modeled on the entries above, by emailing us at lgbtiqa@du.edu , indicating in your subject line or message body that you're writing about the Denver Guide.

In addition to the resources included here,
don't forget to visit the
DU Pride Portal (www.du.edu/pride),
your one-stop starting point!